GCC Fact Sheet What is the Neuro Emotional Technique?

The Neuro Emotional Technique is a methodology used to normalize unresolved physical and/or behavioral patterns in the body. NET practitioners are trained to assist the body's healing process by identifying and balancing unresolved emotional influences—it's a mind-body approach.

Emotions are traditionally thought of as being normal functions of human beings and normally pose no neurophysiological problem. Occasionally, emotional trauma in the presence of a neurological or meridian deficit can cause a physiopathological-related pattern in the body which does not resolve of itself. NET seeks to normalize this pattern by physiological change; a result of a physical intervention.

NET is used to help re-establish balance in the body in the form of a physical correction. NET makes use of the neuro-mechanisms of speech, general semantics, emotions, acupuncture and chiropractic principles, laws of the meridian system, cutaneous reflex points, principles of traditional psychology, and more.

General Dynamics of NET

NET does not treat emotions, but rather the complete mind-body when there is a stuck emotional component. We call these stuck emotions Neuro Emotional Complexes (NECs).

NET effectively addresses "fixations of emotions" held within the body which can be vulnerable to retriggering under specific conditions relating to the original formation of the NEC. The end-product is a more neurologically integrated and healthier person. Patients report that this quick and easy process is pleasant and often life changing.

"Fixations of Emotions"

NET resolves "fixations of emotions" held within the body. These "fixations of emotions" are vulnerable to retriggering under specific conditions relating to the original formation of the NEC. It is a system in which, from the practitioner's view is a structurally-oriented intervention. From the patient's point of view there are also internal emotional dynamic processes engaged. Both together address the internal and external manifestations of aberrant emotions. The end product of a successful treatment is a more neurologically integrated person.

A Dynamic Homeostasis is the goal

NET is directed at achieving homeostasis of the human organism. As part of its diagnostic methodology, it requests of the patient, at times, a neuro-emotional case history to assist in uncovering the presence of an NEC. Once discovered, a correction is made and the treatment cycle is ended. Any case history which reveals a need for psychotherapy is discussed with the patient and an appropriate referral is made.

NET and Psychology

NET is not a "talk-it-out" therapy. It is a mind-body technique that addresses a physiological dysfunction. Before the discovery of neuropeptides (now known to carry emotion throughout the body), emotions were considered to be largely in the domain of psychology. Now emotions are also considered within the domain of acupuncturists, chiropractors, medical doctors and other vitalistic practitioners of the healing arts.

NET is not psychotherapy. NET is used by psychotherapists and health care practitioners of all disciplines in tandem with their other techniques to quickly enhance their patients' results.

What NET is NOT

NET does not deal with the spiritual realm. It does not exorcise demons or entities. It does not predict the future or deal in any way with parapsychology. It does not make claims as to what may have happened in the past. It does not tell people what their plan of action may, must or should be in the future.

NET does remove the blocks to the body's natural healing process, allowing it to repair itself. Since 1988, thousands of NET practitioners have assisted millions of individuals in removing emotional blocks to their health and happiness.



If you have any questions please call us.

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